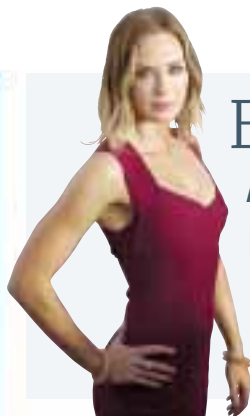


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BLUNT TALK
ACTRESS EMILY BLUNT ON
HER ROLE AS AN AXE-WIELDING,
SHOTGUN-TOTING TIME TRAVELLER
IN THE ACTION THRILLER LOOPER PAGE 10



September Bonus
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1 THE NEXT JACKPOT
\$3,000,000
estimated

2 **\$100,000**
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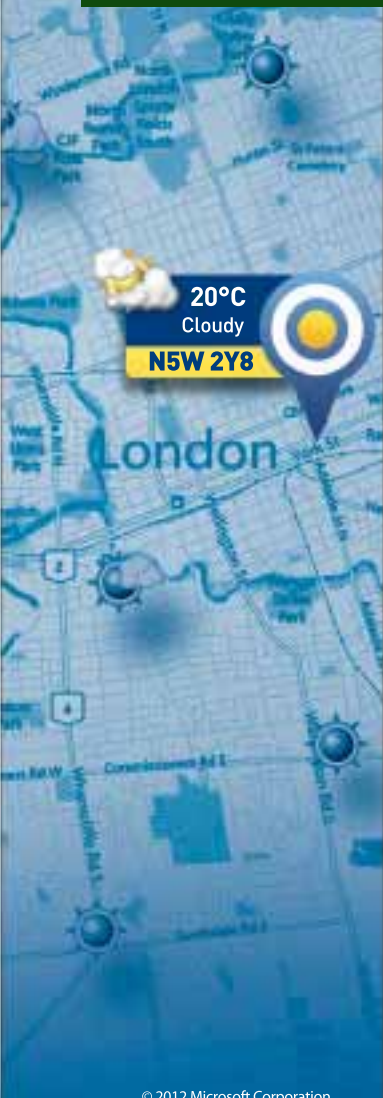
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Tuesday, September 25, 2012



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ROPE TRICK

James Potter, 19, of London, walks a slack line made of nylon rope at Victoria Park on Monday afternoon. Those who love the outdoors are in for a decent week of fall weather, with Environment Canada calling for highs of 18 C to 20 C from Tuesday to Friday. The only day of concern is Wednesday, when showers are forecast to touch down in London.

JOHN MATISZ/METRO

Plant move to cost \$40M: MPP Bentley

Surprise announcement.

TransCanada Energy building 900-MW gas-fired plant at Lennox Generating Station originally meant for Oakville

The Liberal government's decision to move a planned gas-fired electrical generating station in Oakville to the Napanee area will cost taxpayers \$40 million, Energy Minister Chris Bentley said Monday.

"I am pleased to advise the House that agreements have been reached which will result in the relocation of the Oakville gas plant to the Lennox facility in eastern Ontario," Bentley, who represents London West, told the legislature.

The Ontario Power Authority will buy turbines and other equipment meant for the Oakville plant for \$210 million, but that was calculated into the new agreement, which will pay developer TransCanada Energy less for the electricity it produces over the 20-year life of the deal, Bentley added.

The government admitted earlier that taxpayers would pay \$190 million for the decision to scrap the Mississauga project, but had warned early release of the documents regarding the Oakville plant would have hurt

Newly-released documents

- The announcement came hours before the government was forced to release 36,000 pages of documents on the cancelled Oakville project and on another gas-fired station the Liberals halted in Mississauga days before last fall's election.

its negotiating position with the developer.

The deal reached Monday morning did not stop criticism from the opposition parties.

"After nearly two years and hundreds of millions of dollars, we're beginning to get some of the facts behind some of these private power deals," said NDP Leader Andrea Horwath. "We had a Liberal campaign team ripping up contracts, scrambling to keep them from the public, and the most expensive electricity in the entire nation."

The Tories called the decisions to cancel the gas plants "a Liberal seat-saver program," and vowed to introduce a motion Tuesday declaring Bentley in contempt of the legislature for not releasing the documents sooner, which would bring all other legislative business to a halt. **THE CANADIAN PRESS**

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Gary's **nofrills** 7 Baseline Rd. E., London, Adrian's **nofrills** 1925 Dundas Rd. E., London, Mark's **nofrills** 599 Fanshawe Park Rd. W., London, Paul & Cathy's **nofrills** 960 Hamilton Rd., London, Brian's **nofrills** 1275 Highbury Ave., London, Rundle's **nofrills** 635 Southdale Rd., London or Masse's **nofrills** 925 Southdale Rd. W., London



Argyle business district close to a final vote by city council

Designation. East-end Dundas St. businesses could soon fall under new umbrella



ANGELA MULLINS

angela.mullins@metronews.ca

London's east end is one vote away from having its very own business district.

The city's finance and administration committee gave preliminary approval Monday to a bylaw that, if approved by council Oct. 9, would formally establish the Argyle Business Improvement Area. It would stretch along Dundas from Highbury Avenue to Wavell Street, representing nearly 200 businesses.

Leaders of the initiative started forming the business district's roots in spring 2010. Officials established a board of directors and opened an office in July 2011 with about \$100,000 in one-time city funding under their belts.

It's been a long journey, but the results are evident already, executive director Nancy McSloy said.

Among the successes, she

Feedback

- Businesses in the proposed Argyle Business Improvement Area were advised to place their objections on record at city hall.
- Of the 177 property owners and tenants who pay taxes along the stretch, 13 were opposed to the designation.
- The area slated for the designation accounts for about \$2.8 million of the general municipal tax levy.

said, is a new business-to-business networking group and a bump in the number of businesses looking to move onto the stretch.

Focusing on "community" is also a big part of the effort. Members are organizing cleanup days, want decorative planters added to Dundas Street, and plan to push for more residential development in the area.

"Healthy businesses help contribute to healthy communities," said Coun. Bill Armstrong, who represents



A woman bicycles past the Dundas Square commercial development on Monday afternoon. The development at Dundas Street and Clarke Road is one of the newest business hubs in the Argyle area. ANGELA MULLINS/METRO

the area and sits on the Argyle BIA's board of directors. "Vacant buildings don't do anything to help anyone."

If council votes to establish the Argyle group, the board of directors would receive no city money. Instead,

the group's budget — expected to be in the ballpark of \$120,000 — would come from a levy placed on businesses.

The levy will be calculated through a formula based on property values, meaning

everyone will pay a different amount.

The first assessment is expected to come next year.



Follow Angela Mullins on Twitter @MetroAngela

Planners set sights on McCormick's area, again



Redeveloping the area around the former McCormick's candy factory at 1156 Dundas St. has been in the works for four years. ANGELA MULLINS/METRO

City officials are ready to delve back into creating a redevelopment plan for an area anchored by the former McCormick's candy factory.

The plan, which some consider critical to kick-starting growth in east London, has been in the works since 2008. Work was halted in June 2011 because of staffing concerns at city hall.

A draft plan for the area, once a key part of the city's industrial base, is now expected to be finished in about a year.

Coun. Stephen Orser, whose ward includes the area, is urging staff to keep the vision "flexible" and make it reflect what developers — or "the people with the money" —

On the agenda

86

Acres of land for which the east-end redevelopment plan is being drafted.

want.

"I'm worried about targeting just a small amount of ideas and excluding a huge amount of investment," he said during a Monday planning committee meeting.

Multiple groups are prepared to breathe new life into the abandoned McCormick's plant (1156 Dundas St.) — one of the highest-profile properties in the area, Orser says. People

also have shown interest in putting the former Rich-Wood site (475 McCormick Blvd.) to new use, he added Monday.

A hiatus on the long-term plan was called about 75 per cent through the second phase of a three-phase process, city officials have said.

Throughout the work, planners have listened to a variety of voices, including those from the real-estate sector, planning director John Fleming said.

More public consultation is planned.

"I think we're on the same wavelength," Fleming said, referencing Orser's concern. "I'm certainly not looking for a vision that's narrow."

ANGELA MULLINS/METRO

Seatbelts

OPP on lookout for the unbuckled

The Ministry of Transportation's provincewide seatbelt safety campaign kicked off Monday, and will continue through Oct. 6.

A \$200 fine and two demerit points are assessed to those who do not wear a seatbelt while riding in a motor vehicle. **METRO**

Aeolian Hall

Mayor planning town hall webcast

Mayor Joe Fontana will have a virtual town hall webcast from 7:30 to 8:30 p.m. Tuesday.

The show will be aired from Aeolian Hall.

London Arts Council executive director Andrea Halwa and Andrea Hallam, executive director of the



Mayor Joe Fontana METRO FILE

London Heritage Council, will be the featured guests.

Visit mayorfontana.ca to tune in. **METRO**

Streaming

Live from a city council meeting...

London city council meetings will soon be available with a click of the mouse.

City council voted last year to begin live streaming all council and committee meetings in 2012 and, after a slight delay, officials have set Oct. 30 as their target launch date. **AM980/AM980.CA**

Collision

LTC bus driver charged with careless driving

London police have charged an LTC bus driver with one count of careless driving after a bus crashed into a downtown bus shelter around 11 p.m. Sunday near Richmond and Dundas streets. **AM980/AM980.CA**

1 NEWS

Mobile news



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OHL Week 1 musings: Fighting down significantly

Breakdown. Knights off to a great start, but still a long season ahead



JOHN MATISZ
john.matisz@metronews.ca

The first weekend of OHL play is in the books, and the London Knights lead all teams in two major categories: goals for and penalty minutes.

However, the hometown squad was not alone in achieving success, as nearly a third of the league boasts a perfect record. This, above all, shows how early it is in the OHL season.

With that being said, here are a few things to keep in mind as Week 2 gets rolling:

Fighting rule deterring players from scrapping?

In a total of 20 games, there have been 15 fighting majors



OHL player of the week Seth Griffith
ONTARIO HOCKEY LEAGUE

handed out to 14 players.

At the same mark last season, there was almost double the amount of fights (28).

A new rule states a player is automatically suspended two games, per fight, following his 11th of the season. Additional penalties, such as a \$1,000 team fine, are piled on after the 16th fight.

Kitchener's puckstopper looks scary-good.

One of the least surprising tidbits of information you might come across while skimming through weekend boxscores is that John Gibson, Kitchener Rangers netminder, provided the first shutout of 2012-13.

Gibson, an Anaheim Ducks second-rounder who posted a .928 save percentage last year, has looked razor sharp in the early stages of his sophomore campaign.

67's yet to get off the ground.

In many season previews, Ottawa's OHL team was labelled a squad that may take a step back this year, mainly because they've lost about 100 goals in the graduation of forwards Shane Prince and Tyler Toffoli. The 67's are still a highly skilled club with quality coaching, though, so it's safe to say most didn't see them starting at 0-2.

Better starts are needed if Ottawa wants to take flight, as their opponents have two and three goals in a row off the hop.



And ... action!

Allan Ungar, left, director of *Tapped* — a Hollywood motion picture being filmed in London — offers instructions to actor Cody Hackman, 25, of London, during a shoot at 142 Dundas St. on Monday. Michael Biehn, who has appeared in films such as *Terminator* and *Aliens*, will be on set starting Tuesday. The film crew is in town through Oct. 8, and are looking for extras to lend a hand all of next week. For more information on how to get involved, email tappedcasting@gmail.com. JOHN MATISZ/METRO

Annual event

WOTCH hosting United Way BBQ

The WOTCH Community Mental Health Services annual barbecue in support of the United Way will be held Wednesday at 534 Queens Ave. All are welcome to partake in burgers, salads, and live music. Tickets can be purchased by calling the main office at 519-668-0624. **METRO**

Rock show

ZZ Top tickets on sale Friday

Rock and Roll Hall of Famers ZZ Top are set to perform at Budweiser Gardens on Nov. 4. Tickets will be available Friday at 10 a.m. They can be purchased at the Budweiser Gardens box office, Fanshawe College BizBooth, Western University bookstore, or by calling 1-866-455-2849. **METRO**

Costume swap

Go green this Halloween

Halloween-in-the-Village, a Wortley Village initiative, is hosting a costume swap. Londoners can drop off costumes from Tuesday to Friday at the Landon library and come to the big exchange Saturday at Wesley Knox Church (91 Askin St.) from 10 a.m. to 11:30 a.m. **METRO**

Offer ends
September 30



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Consular services

Embassy-sharing with Britain sparks criticism

The plan by Canada and Britain to consolidate consular services in some embassies sparked criticism Monday that the Harper government is turning back the clock on the country's

relationship with its former colonial master.

By all appearances, the agreement to share some consular services in each others' embassies represented little change from the status quo. But the fanfare associated with the announcement raised questions about whether Canada was compromising its foreign policy interests abroad.

THE CANADIAN PRESS

Toxic methanol

Czech police arrest two in poisoning that killed 25

Police have arrested two people suspected in a wave of methanol poisoning that has killed at least 25 people in the Czech Republic in the past two weeks, officials said Monday.

State prosecutor Roman Kafka said the two are suspected of producing a "brutal blend" of toxic methanol with drinking alcohol. Authorities believe this blend has been responsible for all the deaths.

Kafka said the two were working at a plant that uses methanol as an ingredient to produce windshield washer fluid.

THE ASSOCIATED PRESS

Homelessness

Housing homeless is cheaper than status quo: Study

A new study suggests it's far cheaper to give a homeless person a place to live than to provide a patchwork of emergency services.

The study by Stephen Gaetz, director of the

Canadian Homelessness Research Network, found that governments are spending at least \$4.5 billion a year dealing with homeless people, including the cost of health care, law enforcement, shelters and food banks.

That's because their use of the health system is high and unpredictable, and because they often have run-ins with the justice system.

THE CANADIAN PRESS

Health officials monitoring fatal SARS-like virus

Familiar scene? So far there is no connection between the cases except for a history of travel in Saudi Arabia

Global health officials are closely following a new respiratory virus related to SARS that is believed to have killed at least one person in Saudi Arabia and left another person in critical condition in Britain.

The germ is a coronavirus, from a family of viruses that cause the common cold as well as SARS, the severe acute respiratory syndrome that killed some 800 people, mostly in Asia, in a 2003 epidemic.

In the latest case, British officials alerted the World Health Organization on Saturday of the new virus in a man who transferred from Qatar to be treated in London. He had recently travelled to Saudi Arabia and is now being treated in an intensive care unit after suffering kidney failure.

Health officials don't know yet whether the virus could spread as rapidly as SARS did or if it might kill as many people.

"It's still (in the) very early

Haji pilgrimage

Saudi officials said they were concerned the upcoming Hajj pilgrimage next month, which brings millions of people to Saudi Arabia from all over the world, could provide more opportunities for the virus to spread.

- They advised pilgrims to keep their hands clean and wear masks in crowded places.
- The Hajj has previously sparked outbreaks of diseases including the flu, meningitis and polio.

days," said Gregory Hartl, a WHO spokesman. "At the moment, we have two sporadic cases and there are still a lot of holes to be filled in."

Hartl said it was unclear how the virus spreads. Coronaviruses are typically spread in the air but Hartl said scientists were considering the possibility that the patients were infected directly by animals. He said there was no evidence yet of any human-to-human transmission.

THE ASSOCIATED PRESS



A man wears a protective mask as he carries a bouquet of flowers at Women's College Hospital in Toronto in March 2003. Global health officials are following a new respiratory virus related to SARS that is believed to have killed at least one person in Saudi Arabia and left another person in critical condition in Britain. THE CANADIAN PRESS FILE

Coronavirus

New disease linked to SARS family

There are a large number of coronaviruses. Some infect animals, others infect birds and still others infect people. In humans, coronaviruses typically cause colds.

But a coronavirus was also the cause of the 2003 outbreak of severe acute respiratory syndrome or SARS, which killed 44 people in Toronto and about 775 people worldwide. The new coronavirus reportedly causes severe pneumonia and kidney failure.

To date there is no sign of spread to health-care workers. That is important because health-care workers often serve as inadvertent sentinels of the spread of infectious diseases.

During SARS, for instance, health-care workers were disproportionately affected, catching the new virus from patients they were struggling to save.

THE CANADIAN PRESS

Family of missing climber clings to hope



A helicopter lifts off carrying survivors from the debris field of an avalanche on Mount Manaslu in Nepal on Sunday. Rescue helicopters flew over the peak again Monday to search for climbers lost in an avalanche that killed at least nine mountaineers. ALPINE ASCENTS INTERNATIONAL/THE ASSOCIATED PRESS

The sister of a Canadian cardiologist missing since an avalanche smashed into his climbing expedition on a Himalayan peak says she has no choice but to cling to the faint hope he will be found alive.

Quebec heart specialist Dominique Ouimet, 48, is among several people still missing on Mount Manaslu, the world's eighth-tallest peak.

Officials say at least nine people are dead after the avalanche roared through their camp around 4 a.m. Sunday, while more than two dozen climbers were still sleeping in their tents.

Rescue teams scoured the area Monday for six missing climbers.

The doctor's sister, Isabelle Ouimet, told Radio-Canada in an interview that she had not given up on the possibility that her brother is still alive.

On Monday, four rescue helicopters scanned the slopes peak in search of the missing.

By midday, rescuers had brought down eight bodies and were trying to retrieve the ninth from the 7,000-metre area where the avalanche struck, police Chief Basanta Bahadur Kuwar said.

THE ASSOCIATED PRESS

'Hooey.' Clement denies using ghostwriter for online town hall tweets

Treasury Board President Tony Clement is dismissing as "hooey" a report suggesting he was not the author of his own tweets during an online town hall last year.

The Canadian Press, citing documents obtained under the Access to Information Act, reported this week that Clement's staff did much of the tweet composition.

The documents said Clement had employed a "ghostwriter" to create tweets and

that some were written before the town hall last December as stock answers.

"The ghostwriter worked with subject matter experts to identify responses to questions and then worked with Clement to determine how to tweet in his voice," the documents said.

But the minister took to Twitter on Monday to deny the report. "That's a bunch of hooey," Clement wrote. "Docs are wrong. I directed the responses." THE CANADIAN PRESS



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'Still too pricey'

Facebook stock takes another dive

Facebook Inc.'s stock took a hit Monday after an article in the financial magazine Barron's said it is "still too pricey" despite a sharp decline since its initial public offering.

Though Facebook's stock has plunged since

its May IPO, Andrew Bary at Barron's said the stock trades at "high multiples of both sales and earnings, even as uncertainty about the outlook for its business grows."

Facebook's stock fell \$2.20 US, or 9.6 per cent, to \$20.66 US in afternoon trading. The company went public on May 18 at a share price of \$38 US.

THE ASSOCIATED PRESS

Code-share agreement

WestJet adds BA to network

WestJet Airlines Ltd. has added British Airways as its eighth code-share partner, enabling the U.K. carrier to sell seats on WestJet's planes. The deal is meant to draw more international travellers into WestJet's network. THE CANADIAN PRESS

Labour negotiations

CAW asks Chrysler workers to hang on

The Canadian Auto Workers urged its members at Chrysler to be patient and stay on the job as formal talks resumed Monday, following a weekend pause while the union ensured ratification of a deal with Ford. THE CANADIAN PRESS

Consumer debt

Canadians don't mind borrowing, survey finds

A new poll suggests that most Canadians are quite comfortable with using debt as a financial strategy — at a time when debt loads have risen to alarming new highs.

The survey, done for bankruptcy trustees Hoyes, Michalos & Associates, finds nine out of 10 respondents would consider borrowing money to cover an unexpected cost.

The poll by Harris/Decima asked respondents how confident they were about being able to raise \$2,000 within a month if an unexpected need arose.

THE CANADIAN PRESS

Mortgage rules slow housing market: report

August figures. Sales drop occurred in 21 of 28 metropolitan areas across Canada, says Conference Board

Canada's housing market appears to be cooling across the board in the face of tighter mortgage rules that affect many first-time buyers of modest means, a new analysis from the Conference Board shows.

The think tank's snapshot of resales for August shows a widespread decline in sales of existing homes, with 21 of 28 metropolitan markets registering a drop from July, and 16 of the markets showing a falloff of five per cent or more.

As well, listings fell in 17 of the 28 markets, an indication that owners were reluctant to

place their homes for sale due to soft conditions.

Senior economist Robin Wiebe of the Conference Board said there was evidence of cooling in some markets — particularly Vancouver and Victoria — before the new rules went into effect July 9. But the new data shows the slowdown has spread to most markets and from coast to coast.

"When you see sales down in three-quarters of the market, that means it's pretty widespread," he said. "It's knocked down previously high-flying markets like Regina and Saskatoon down a peg. Vancouver had been showing signs of cooling, now it's spread out into the Fraser Valley."

Still, the latest data shows that while sales and listings are down, prices appear to be holding steady. THE CANADIAN PRESS



Wrong call: iPhone 5 sales disappoint analysts

Staff welcome customers Friday at the Apple store in Hong Kong, as sales of the new iPhone 5 got underway. On Monday, Apple Inc. said that it sold more than five million units of the iPhone 5 in the three days since the model's retail launch — less than analysts had expected. KIN CHEUNG/THE ASSOCIATED PRESS

iPhone maker halts northern China plant after 2,000-employee brawl

The company that makes Apple's iPhones suspended production at a factory in China on Monday after a brawl by as many as 2,000 employees at a dormitory injured 40 people.

The fight, the cause of which was under investigation, erupted Sunday night at a privately-managed dormitory near a Foxconn Technology Group factory in the northern city of Taiyuan, the company and Chi-

nese police said. A police statement reported by the official Xinhua News Agency said 5,000 officers were dispatched to the scene.

The Taiwanese-owned company declined to say whether the factory was involved in iPhone production. It said the facility, which employs 79,000 people, would suspend work Monday and reopen Tuesday.

Foxconn makes iPhones and

iPads for Apple Inc. and also assembles products for Microsoft Corp. and Hewlett-Packard Co. It is one of China's biggest employers, with some 1.2 million workers in factories in Taiyuan, the southern city of Shenzhen, in Chengdu in the west and in Zhengzhou in central China.

The fight in Taiyuan started at 11 p.m. on Sunday, "drawing a large crowd of spectators and triggering chaos," a police

spokesman was quoted by Xinhua as saying.

Order was restored after about four hours and several people were arrested, said the company, a unit of Taiwan's Hon Hai Precision Industry Co.

Comments posted on Chinese Internet bulletin boards said the violence might have erupted after a security guard hit an employee.

THE ASSOCIATED PRESS

Market Minute



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LINEUPS ARE FOR LUSHES



SHE SAYS...
Jessica Napier
metronews.ca

Last Saturday, I found myself in a position I swore I'd avoid forever: standing in line for a bar and hating every minute of it. Strangely, I felt as if I was the only person who

understood what an awful reality the monstrously long line presented.

Didn't the crowd of Party-Rock enthusiasts surrounding me realize the one-in-one-out policy meant they'd be going inside roughly five minutes before last call? No, they were snapping Instagram selfies and seemingly oblivious to the chilly, just-turned-fall breeze on their inexplicably bare arms and legs.

But seriously, why wait?

"For Apple fanatics, the communal experience of waiting for the newest iThing is part of the fun, a shared cultural experience of electronic-device worship."

There is a certain kind of cynicism, or maybe we'll call it wisdom, that comes with age that dictates just how long you're willing to stand in line to go to the bar of the moment. I guess the under-25 set just has much more stamina when it comes to late-night lineups.

Most people would agree that waiting in line can be a frustrating, anxiety-inducing and altogether boring process. But we tend to experience lineups in differ-

ent ways based on our desires, expectations and whether or not we enjoy the company we're with.

In his article *The Psychology of Waiting in Lines*, former Harvard Business School professor David Maister examines how businesses and service organizations can improve the experience of waiting in line. Maister insists that it's how we wait — not how long we wait — that counts.

Lines we perceive to be unfair, unexplained or uncertain will always seem longer. Comparatively, queues that are reasonable, explained and predictable are much more bearable. Maister also points out that occupied time feels shorter than unoccupied time. This is why you'll find bad magazines in the waiting room at the dentist and mirrors in elevators.

Sometimes, lineups themselves aren't just a means to an end, but part of the overall experience. Last week, devoted fan-boys and girls camped out at Apple stores around the world in anticipation of the release of the iPhone 5, a shiny new smartphone marginally better than its predecessor. For Apple fanatics, the communal experience of waiting for the newest iThing is part of the fun, a shared cultural experience of electronic-device worship.

Ultimately, lineups are inevitable and unavoidable — at airports, in emergency rooms and for every single public female bathroom in existence — but it isn't always the length of the line that determines whether or not something is worth the wait.

Unless it's already 1 a.m. and you're standing (in heels) behind 50 people in line for a bar. Then it's just time to go home.

Follow Jessica Napier on
Twitter @MetroSheSays



How long you are willing to wait in line at a bar is correlated to the amount of alcohol you've consumed, presumably. SHAKESTERCOD/FLICKR

That's a jump to remember



KOEN VAN WEEL/EPA

War commemoration

Troops honour dead with airplane drop

Up to 1,100 troops from Holland, Belgium, Britain, Canada, Germany and the U.S. parachuted from airplanes above Ginkel Heath in the Netherlands.

The annual paratrooper drop this past weekend was to commemorate the Second World War's Battle of Arnhem, a significant airborne attempt by the Allies to cross the Rhine River.

METRO

Organizer's viewpoint

"It was a perfect opportunity for active servicemen to perform a true paratrooper drop with their NATO allies."

Thijs van der Laan, communication advisor at the Airborne Commemoration Foundation (for the Battle of Arnhem) Van der Laan told Metro that preparations to celebrate in two years, which will mark the 70th anniversary of the battle, are already underway. He noted that high members of the British and Dutch royal families would be in attendance.

History unearthed

Soldier's body found before ceremony

This year's commemoration was given added significance with the discovery of a British paratrooper's remains, almost 68 years to the day after he was killed in action.

The body — believed to be that of a soldier from Britain's 4th Parachute Brigade — was found with a metal detector. Two hand grenades were located near the body — the explosives were detonated on the spot.

METRO



Active paratroopers perform a drop to commemorate a famous battle. KOEN VAN WEEL/EPA

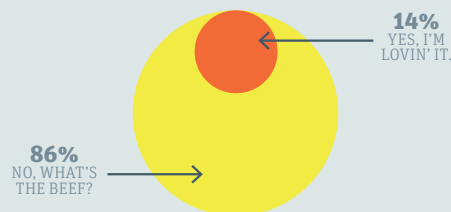
Online

Check out the video at metronews.ca.



Register at metropolitanpanel.ca and take the quick poll

Would you go to a vegetarian McDonald's?



Twitter

@mortensenkai: Take bus to school this morning, bus driver stops at timmies. Same bus driver on the way back, stops at the same timmies. #fb #ldnont

@IglesiaPresents: 998 followers - what a milestone! Oh wait, no it isn't... 2 more needed! #LdnOnt #ThtrLdn

@KDGrainger: I fear for what winter will be like in #LdnOnt if it is this cold in September.

@CorelChick: There is a Budwieser can rolling around the floor of the bus. Someone practicing up for the beer4breakfast episode? #ldnont

@NicoleRobynn27: I'm getting more of the whole college experience here at #Fan-shawe than I did at Niagara .. #lol

@nkotbsbgrl78: Phone to floor - 2, Me o lol



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SCENE 2

DVD Reviews

The Avengers**Directed by:** Joss Whedon and Zak Penn**Starring:** Samuel L. Jackson, Robert Downey Jr., Mark Ruffalo and Scarlett Johansson

....

You don't have to sport a propeller beanie to enjoy The Avengers, which may be the highest possible praise for what director Joss Whedon and co-writer Zak Penn have wrought in their energizing superhero adventure.

Whether you love or merely like The Avengers will likely come down to the performances of the ensemble, and not the perfunctory plot or the on-the-fly back story. And what an ensemble it is.

Samuel L. Jackson is Nick Fury, the director of a global peacekeeping agency comprised of a fistful of Marvel Comics superheroes that include Iron Man (Robert Downey, Jr.), The Hulk (Mark Ruffalo), Captain America (Chris Evans), Thor (Chris Hemsworth) and newcomer to the team the Black Widow (Scarlett Johansson), a lethal gymnast.

They're summoned to join together to fight the threat posed by Thor's angry adoptive brother, who is in cahoots with a reptilian alien race called Chitauri.

PETER HOWELL**Damsels in Distress****Directed by:** Whit Stillman
Starring: Greta Gerwig and Adam Brody

....

Whit Stillman's screwball college comedy Damsels in Distress is only the fourth film in his 22-year career and his first since The Last Days of Disco in 1998. Perhaps he needs all that time to write and store up the amusing aphorisms that issue from the mouths of his creations.

He reserves his best bon mots for lead damsel Violet (Greta Gerwig), who leads a quartet of do-gooders determined to help people improve themselves at Seven Oaks College, even if it kills them.

"There's enough material here for a lifetime of social work," Violet sighs, looking around her at all the moody girls and moronic boys who have alarmingly shot up the campus suicide rate.

Aptly named campus newspaper editor Rick DeWolfe (Zach Woods) and Violet share a brisk exchange about who's in the know about what's really going down, in a moment that is scathing comedy. But the two hardly cross paths after this, and the loss is felt.

PETER HOWELL

On the web



Qrikel

Drake, Japandroids, Feist? Find out if one of them or another talent won the Polaris Music Prize last night by scanning this code or visiting metronews.ca.



Action thriller Looper has Emily Blunt doing some crazy stunts. ALAN MARKFIELD/HANDOUT

Getting physical with Looper's Emily Blunt

Q & A. Actress dishes on her rough-and-tumble role while giving us a taste of her nerdier side

**NED EHRBAR**
Metro World News in Hollywood

We sat down with Looper star Emily Blunt to talk about getting physical for her role in the film — namely, wielding a shotgun and an axe, despite the proper training — and how she got back at director Rian Johnson.

She also got into a bit of name-calling when the subject of time travel came up, but she can get away with it.

In this movie, you are quite handy with a shotgun.

Yeah! I hopefully didn't look like a sissy with a shotgun, so that's good.

No, you were very convincing, very threatening. How

much prep did you do for that?

With the shotgun? The thing I prepped for, actually, was the chopping wood.

That's the thing I practiced for about a month beforehand in my backyard.

I had this guy come over and deliver logs and an axe, and he was like, "There you go." And I was like, "Oh, I don't know how to do this," and he was like, "I don't know how to do this either."

So I just practiced for a while. And that was probably the hardest scene to shoot, the chopping wood scene. Physically, by the end of the day I was just like, "Argh!"

I don't know how many takes you had to do...

A lot. A lot.

And did you exact any sort of revenge on Rian for making you chop so much wood?

I don't think I did, actually. I mean, maybe the most vengeful thing that hap-

Quoted

"The thing I prepped for, actually, was the chopping wood. That's the thing I practiced for about a month beforehand in my backyard. I had this guy come over and deliver logs and an axe."

Emily Blunt

pened was that we had to put fake blood on everyone, and the little boy hated it, so we doused Rian with fake blood as well just so he would feel like one of the team.

But it didn't help. The kid still hated it.

That's good, I think, that the kid hated being doused in fake blood.

Well, he should, right? He's five. He should hate that.

I'm still trying to wrap my

head around the fact that the guy who delivers the wood and the axe doesn't know how to use it.

I know, I know. He just dropped the logs off and was like, "I think you kind of do it like this." I was like, "Oh great. I'll figure it out."

I wanted to talk a little bit, briefly about time travel...

Nerd.

Yes, yes. I am. Did you guys spend any time off-screen actually trying to wrap your heads around time travel?

I mean, I never get too wrapped up in the technological stuff. I don't really geek out for that stuff. I'm not the best person to nerd out with over time travel.

Exclusively online

Visit metronews.ca/scene to see our video interview with Emily Blunt.





Katie Holmes

Pacey picks up: Holmes dials Dawson's co-star

So what's one of the first things Katie Holmes did after splitting with husband Tom Cruise? Reconnect with old friends. Former Dawson's Creek co-star Joshua Jackson confirms that he recently heard from Holmes in an interview on George

Stroumbouloupoulos Tonight. Jackson, who was rumoured to be linked romantically to Holmes years ago, says they had a "very nice" chat. "Like any old friend, it was like, 'Oh hi, how are you? What's going on?' 'I had a kid,'" he says. "I was very nice, actually."



Bradley Cooper

Did a night at the movies rekindle this romance?

Bradley Cooper and his The Words co-star Zoe Saldana are fueling suspicion once again that they're more than just friends, looking quite cosy after taking in a movie together in Los Angeles over the weekend, according

to People magazine. The pair first sparked romance rumours while filming their indie drama and then again in January at the Sundance Film Festival, where they were "being very affectionate."

Twitter



@joelmchale
Dear Sun, We get it. You're awesome and powerful. Please stop. Love, Los Angeles.



@MissKellyO
Although Im working 14 hour days while I am here I bloody love being home!



@AlbertBrooks
I just thought of the world's funniest tweet.



@SofiaVergara
I party Like a mermaid!

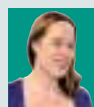
METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



How does John Mayer do it?



THE WORD
Dorothy Robinson
scene@metronews.ca

John Mayer's little black book reads like a who's who of GQ magazine covers: There's Jennifer Love Hewitt, Jessica Simpson, Jennifer Aniston, Minka Kelly, Taylor Swift, and, most recently, new divorcee Katy Perry.

But Perry's friends are worried about the singer due to Mayer's lady killer reputation, according to Radar Online. Sources say

her pals are urging her to end it with Mayer before she gets too attached. "Katy's friends and family haven't taken to John at all. In fact, they are worried that she is headed for heartbreak," a source says. "Despite the fiery image Katy likes to present, she's actually more fragile than that, and when John dumped her a few weeks after they first got together she was devastated. Now that she has invested more feelings in John and has let her guard down, there's only one way this can end — in disaster."

Disaster — or an eventual song about Mayer and his heartbreaking ways. Or, depending on how you feel about Katy Perry's singing, it could be both.



Billie Joe Armstrong ALL PHOTOS GETTY IMAGES

He doesn't want to be an American idiot: Billie Joe heads to rehab

Green Day frontman Billie Joe Armstrong stunned a Las Vegas audience over the weekend with a guitar-smashing outburst after being told to wrap up his band's set. Instead, he flew into a rage, smashed his guitar, yelled at the audience and stormed off the stage. Now, it turns out it wasn't just a simple tantrum, as Armstrong is headed to rehab. "Green Day's Billie Joe Armstrong is seeking treatment for substance abuse," the band's rep said in a statement Sunday. "Green Day would like everyone to

All-star apology

"Green Day would like everyone to know that their set was not cut short by Clear Channel and to apologize to those they offended at the iHeart Radio Festival in Las Vegas."

Representative for Green Day

know that their set was not cut short by Clear Channel and to apologize to those they offended at the iHeart Radio Festival in Las Vegas."



Kanye West

Lawyers putting the kibosh on Kanye tapes?

It looks like there could be some truth to the rumours of a Kanye West sex tape — or two, even — now that lawyers for the rapper have sent out a cease-and-desist letter to multiple media outlets demanding they take down posts featuring a screen shot allegedly from the video, according to AllHipHop.com. "Be advised that the screen shot, as well as the tape from which the

screen shot was taken, were illegally obtained and believed to have been stolen from Mr. West's computer," West's attorney writes in the letter. And according to TMZ, there's a second sex tape featuring the rapper being shopped around. "Both tapes are impressively long. The first is roughly 20 minutes," source tell the website. "The second is more than 40."

3
LIFE

Are you dating a narcissist?

Quiz. Your new guy seemed confident, loving and outgoing, until he slowly became critical, jealous and self absorbed

ROMINA
MCGUINNESS
life@metronews.ca

Confidence. It's attractive in a man. But when dating, sometimes it's hard to determine where his healthy ego starts and narcissism begins. Is your man in love with you? Or himself? Or rather, does this sound familiar?

"Initially, you buy into this inflated image," says Gail Saltz, a psychoanalyst from New York. "But eventually, you come to realize the difference between confidence and insecurity covered over with swagger."

We asked the experts where this behaviour comes from.

"Narcissism stems as a reaction to a home environment where a child wasn't allowed to develop an autonomous self," posits Sam Vaknin, author of *Malignant Self-Love*. "The child creates a 'false self' who is everything that the narcissist is not, but would like to be. Narcissism is a shell and inside there is a huge void. The narcissist does not know what it means to be himself — and as a result, has zero empathy."

To help, we put together a small quiz to help you figure out if your super 'awesome' and confident guy is a narcissist.

Quiz: Are you dating a narcissist?

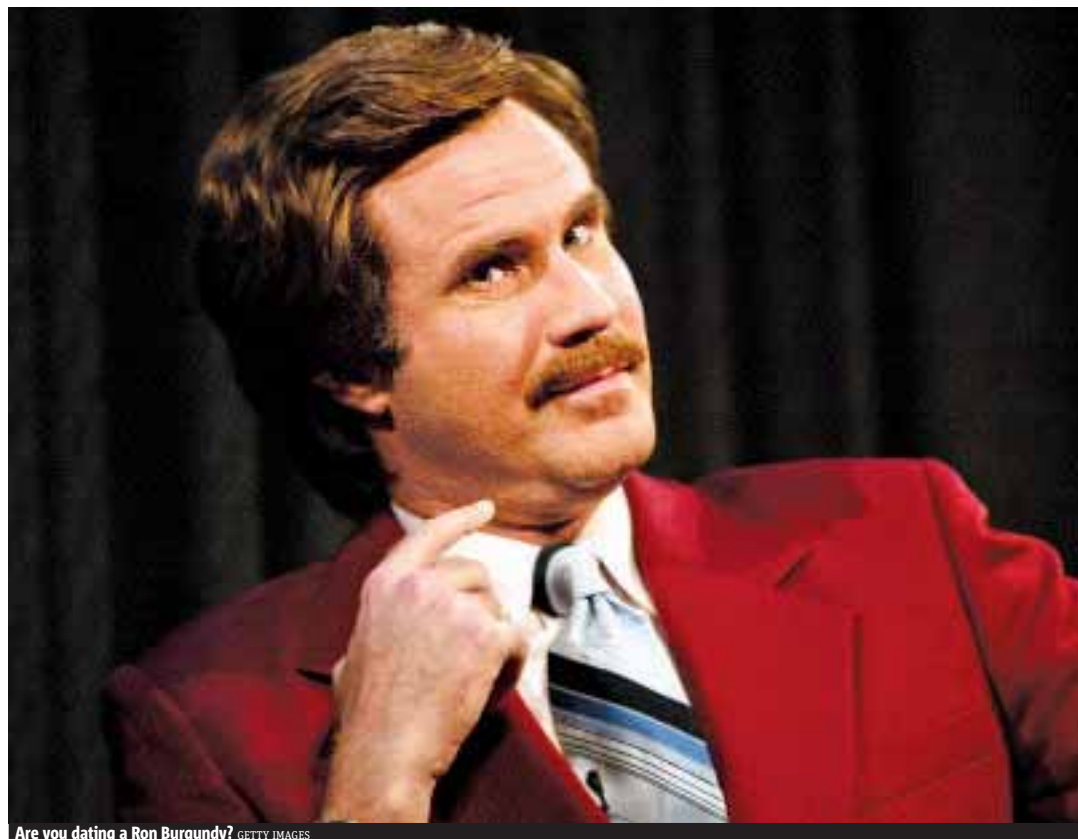
1. By the end of your first date together you are:

- A. Still trying to get over the fact someone so cool, attractive, successful and exciting wants to date you.
B. Whoa! Chill out — you're still not sure if there's going to be a date two.
C. The love of his life.

2. He uses the back of his iPhone as:

- A. A mirror — he checks himself out every two seconds.
B. A ruler (hopefully not to rack out lines of cocaine).
C. A shrine to you. He's stuck a giant photo of you on it.

3. Sex is:



Are you dating a Ron Burgundy? GETTY IMAGES

SCORES:

If you scored a majority of A's

The narcissist boyfriend: Your boyfriend sounds like he could be a narcissist. That or he's so selfish he doesn't really care about you and your needs.

If you scored a majority of B's

The super chilled boyfriend:

- A. Less about your pleasure in the moment than his aggrandizement. It's all about his amazing body, crazy moves and his swagger.
B. Fair play: You both give and take.
C. Mind-blowing, mostly because he makes it all about you.

4. His group of friends....:

- A. He fell out with his closest friends before you met. The ones he has now are like the hangers-on in *Entourage*.
B. Game of Thrones meets *How I Met Your Mother* meets *Gossip Girl*. Full of drama, hate, sex, lies, backstabbing — but

You're dating a no-nonsense dude. He's chilled and cool.

If you scored a majority of C's

The love struck boyfriend: Your boyfriend is so in love with you that you don't need to worry about him being a narcissist. If anything, he should think about his needs a little more.

mostly love.

- C. Super tight. They've been friends since school and share spreadsheets to plan holidays and nights out.

5. He's cheated on you....:

A. Three to four times. That you know of.

- B. You both sort of cheated once — but it was a Ross-Rachel thing. You were on a break.
C. He panics every time someone hits on him, let alone tries to kiss him.

6. The two of you bump in to your (hot) ex:

- A. He immediately picks a fight because your ex looked you 'in the eye' and threatens to beat him up

By the numbers

3

Narcissism is three times more common in men than in women.

if he ever comes near you ever again. You, the ex's wife and his kids all witnessed the scene.

- B. He just feels sorry for the guy. He doesn't know what he's missing out on since he's no longer with you.
C. He manages an awkward smile but he's so pale and stressed out it looks like he's about to pass out.

7. You've just been made redundant and you come home sobbing:

- A. He tells you to get a grip, turns on the TV and spends the whole evening complaining about his lame \$4,000 bonus and imminent pay raise.
B. He reminds you that you hated your job and wanted to quit anyway. At least this way you'll get a good pay-off.
C. He helps you spruce up your CV, agrees to watch *The Notebook* without complaining and books you a spa weekend using his bonus money.
8. He spends his spare

cash on:

- A. Flashy cars, nights out, expensive watches, gadgets (he's on the waiting list for the iPhone 5). He updates his wardrobe every season, and yours. He doesn't want you cramping his style.
B. Fixing up his beat up car, beer and pizza.
C. You.

9. Your phone rings in the middle of the night:

- A. You look out the window and see him standing on your doorstep: you didn't text him back so he's come to find out why.
B. Nothing major, just a booty call.
C. You forgot your USB key at his house, the one with the presentation for those potentially huge clients. He's here to return it.

10. You say: Honey, that polka-dot shirt is a little too much:

- A. How dare you question his taste? He goes mental at the fact that you've contradicted him and spends the rest of the night sulking. You get the message; never criticize him. Ever again.
B. But he totally digs his spotty shirt! There's no way he's changing.
C. He changes into the shirt your mother (i.e. you) gave him last Christmas.



On the web



Qriket

Health agencies aim to address the problem of providing health services to the Roma

Tex Mex Chili's lighter side



ROSE REISMAN
for more, visit
rosereisman.com

This is a lighter chili typically served in the Southwest. Using chicken rather than beef reduces the calories and fat. Dusting the chicken with flour maintains the moisture. Aged cheddar is the perfect accompaniment and you can add diced avocado to the list of garnishes.

1. Place the chicken and flour in a bowl and toss to coat. Lightly coat a non-stick saucepan with cooking spray, add 1 tsp of the vegetable oil and set over medium heat. Sauté the chicken for 5 minutes or until it is lightly browned on all sides, but do not cook through. Set aside.

2. Respray the same saucepan, add the remaining vegetable oil and set over medium heat. Add the onion and cook until soft, stirring frequently, about 5 minutes. Stir in the corn and garlic and continue to cook and stir for 5 minutes or until the corn is browned.

Ingredients

- 12 oz skinless boneless chicken breasts (about 3 breasts), diced
- 1/4 cup all-purpose flour
- 2 tsp vegetable oil
- 1 1/2 cups chopped onion
- 1 cup canned corn, drained
- 2 tsp finely chopped garlic
- 1 1/2 cups canned black beans, drained and rinsed
- 2 1/2 cups tomato sauce
- 3/4 cup chicken (or beef) stock
- 1 tbsp chili powder
- 1 1/2 tsp dried basil
- 1 tsp dried oregano
- 1 1/2 tsp seeded and finely chopped jalapeño pepper
- pinch of salt and pepper
- 1/4 cup chopped cilantro
- 1/2 cup shredded aged light cheddar cheese
- 1/4 cup low-fat sour cream

3. Stir in the beans, tomato sauce, stock, chili powder, basil, oregano, jalapeño, salt and pepper. Bring to a boil, reduce the heat and cover. Simmer for 15 minutes. Add the diced chicken and simmer, uncovered, for 5 minutes or until the chicken is just cooked through and the chili thickens.



This recipe serves six. RYAN SZULC, ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

4. Serve the Tex Mex chili in bowls, and garnish with cilantro, aged light cheddar

cheese and sour cream.
ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS) BY ROSE REISMAN

Health Solutions

Spice it up!



NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

Here's a fancy new word for you: ORAC value. ORAC stands for the oxygen radical absorbency capacity of a food.

The leading theory in aging and age-related illness is the free radical damage that occurs when cells turn over during the normal course of taking care of their business.

Adding high ORAC foods is your best defence to reduce that damage and fight aging and illness.

Dark leafy greens, green tea and intensely coloured fruits are great but go beyond with the top six spices that have been shown to do the trick.

1. Cloves
2. Cinnamon
3. Rosemary
4. Oregano
5. Thyme
6. Turmeric

Most of these are in your pantry and you likely use them once a week (turmeric is in curry powder), but you'd be wise to work them all in daily.

Add cloves and/or cinnamon to your morning coffee, any type of yogurt or oatmeal.

Add fresh or dried herbs like rosemary, oregano and thyme to every soup or salad you have for lunch. They can also be added to pasta sauce.

If you are not a curry lover, think about turmeric capsules in your morning handful of supplements.

What's one more?

THERESA ALBERT IS AN AUTHOR AND NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON

TWITTER AND FOUND DAILY AT MY-FRIENDINFOOD.COM



Apple Empanadas. Replace beef for a dessert



1. In a large bowl, whisk together flour and salt. With pastry blender, cut in lard until mixture is in very fine crumbs.

2. Whisk 1 egg with milk; pour over flour mixture stirring until it clumps together. Turn out onto floured surface and knead to form soft dough. Wrap and refrigerate for 30 minutes. (Can be refrigerated for up to 2 days.)

3. Filling: In a bowl, stir together apples, sugar, flour, cinnamon and nutmeg.

4. Divide dough into 12 pieces and form into balls. On a lightly floured surface, roll each into a 15-cm (6-inch) circle. Spoon about 75 ml (1/3 cup) of the filling onto half of each circle, mounding slightly.

5. Fold other half over and press to seal (floured fork works

well). Arrange on 2 greased baking sheets. Beat remaining egg; lightly brush over tops. Bake in a 190 C (375 F) oven until golden, 25 mins. **THE CANADIAN PRESS/FOODLAND ONTARIO**

Ingredients

Empanadas

- 750 ml (3 cups) all-purpose flour
 - 2 ml (1/2 tsp) salt
 - 125 ml (1/2 cup) lard
 - 2 eggs
 - 175 ml (3/4 cup) milk
- ### Apple Filling
- 1 l (4 cups) coarsely diced peeled apples
 - 125 ml (1/2 cup) granulated sugar
 - 30 ml (2 tbsp) all-purpose flour
 - 5 ml (1 tsp) cinnamon
 - 2 ml (1/2 tsp) grated nutmeg

Pork and Bean Burritos make the ideal on-the-run dinner

Prepare these pork and bean burritos ahead and have them ready to take for a supper on the run as busy fall activities swing into place.

Use your favourite bean variety such as black, white or kidney beans.

1. In large non-stick skillet, cook pork over medium-high heat for about 8 minutes or until no longer pink. Scrape

Ingredients

- 500 g (1 lb) lean ground pork
- 5 ml (1 tsp) canola oil
- 1 onion, chopped
- 3 cloves garlic, minced
- 20 ml (4 tsp) chili powder
- 30 ml (2 tbsp) tomato paste
- 1 can (540 ml/19 oz) beans (no salt added), drained and rinsed
- 250 ml (1 cup) sodium-reduced chicken broth
- 1 red pepper, chopped
- 1 jalapeño pepper, seeded and minced
- 45 ml (3 tbsp) chopped fresh cilantro
- 6 large whole-grain flour tortillas (each 47 g)
- 75 ml (1/3 cup) shredded light cheddar cheese (optional)



This recipe serves six. THE CANADIAN PRESS H/O

meat into colander to drain. Set aside.

2. Return skillet to medium heat and put oil on it. Add onion, garlic and chili powder; cook for 2 minutes. Add cooked pork and tomato paste and cook, stirring for 2 min-

utes. Add beans, broth, red pepper, jalapeño and cilantro and cook, stirring, for about 8 minutes or until liquid is absorbed.

3. Dividing mixture evenly, place along centre of each tortilla and sprinkle with cheese,

if using. Fold ends in and roll up.

4. Toast burritos in a non-stick skillet over medium heat, turning once, for about 4 minutes or until golden on both sides.

THE CANADIAN PRESS/ ONTARIO PORK PRODUCERS.



It might take months to fight, but don't let the financial services industry get away with errors. ISTOCK IMAGES

Dig your heels in: You too can win a battle against the big banks

Alison's Money Rule.

If you feel something is unfair at your financial institution, put up a fight!



YOUR MONEY
Alison Griffiths
money@metronews.ca

I won! Maybe you can't fight city hall but you can fight battles (and sometimes win) against the financial services industry. Here's the backstory.

My dear old Dad died in January at 89. I am his executor. Because the estate was less than \$25,000 in total, there was no need to probate the will.

Dad had a couple of bank

accounts, a Registered Retirement Investment Fund (RRIF) and a small investment account at Canadian Share-Owner Investments Inc. (CSI) where he liked to dabble in the stock market.

Dad also had a bunch of pensions and a small life insurance policy. The pension and insurance people were cooperative and prompt as I went through the sad process of saying a financial goodbye to my father.

I expected the same from CSI, RBC, CIBC and TD Canada Trust. Au contraire. There isn't enough room here to outline all the time wasting mistakes, roadblocks, and bafflegab I experienced.

The institutions all had notarized copies of the will, death certificate, witnessed proof of my identity and a letter of direction from me,

the executor, about what I wanted done with his accounts.

Even so, I was asked to sign and have notarized various "internal" affidavits in order to close any of his accounts or make transactions.

CIBC refused to open an estate account because my father did not bank there, though I have for over 30 years. I could have gone to RBC where my father banked but after four significant errors, including an unauthorized \$8,000 debit which took time and energy to reverse, I wasn't going near the place.

My lawyer, who specializes in estates, made it clear that CIBC had no legal grounds to refuse me, and the so-called "required" affidavits were not necessary. A follow up with the Solicitor General's office confirmed

What are probate fees?

Probate fees are imposed by the court and vary by province. Assets such as RRSPs and insurance are not included in the fee calculation.

his information.

I dug in my heels. It took nearly four months to go up the various ladders. I could have given in but the patriarchal and intransigent attitudes in the financial industry got me fighting mad. In the end, I won. The banks and the Canadian Share-Owner acquiesced. The latter even waived a \$150 fee.

The moral of the story is this: If you feel something is unfair at your financial institution, put up a fight — you might win.

Hey friend, you're busting my budget



FUN AND FRUGAL
Lesley Scorgie
money@metronews.ca

I have to agree with The Beatles that "The best things in life are free" including the richness we find in our relationships with friends and family members. But, for many Canadians, money is often spent to experience relationships — dinners, parties, coffees, gifts, travel and more.

Have you ever wondered what it costs to have friends?

I started thinking about this last week as I embarked on medical treatment that will

ultimately heal my dislocated jaw resulting from a random hiking accident.

For the next few months I won't be able to enjoy dinners at restaurants or workout classes — both activities cost money and involve hanging out with my pals.

In one short week I've saved \$100 because I've had to find other activities to do with my friends which involve eating at home, low-impact exercise like walking and renting movies rather than going out to a theater.

What do you spend to maintain your relationships? Could you be more frugal without compromising your friend-

ships?

According to a poll conducted in July by Coupon Cabin, 20 per cent of respondents have felt pressured to keep up with friends in terms of spending on things like homes, cars, clothes, dining, travel and more. Nineteen per cent of respondents spend \$500 or more per year on gifts and nearly 20 per cent have had to 'break up' with pals because of money related issues.

If you're social life is busting your budget try these suggestions. Host pot-luck dinners and BBQs rather than eating at restaurants. Schedule coffee 'dates' rather than lunch. Pull out your dusty board games or old movies and entertain at home.

If you like getting active, select free activities like walking, hiking, biking, running, football, baseball, or other sports. Rather than shopping for clothing and accessories, host a clothing swap over home made appetizers.

If you're pals like to travel, challenge everyone to use loyalty points to pay for travel rather than cash. Take advantage of group discounts through online coupon sites like Groupon.

I'm not trying to suggest that you get rid of your friends so that you can save money.

Rather, as you invest time in enriching your relationships, inspire frugality amongst your friends.



Ever wondered how much money it costs to have friends? ISTOCK IMAGES

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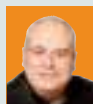
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Denting cars

And that's why you always leave a note!

What is the correct etiquette when my kids fling open their car doors and damage/dent the car next to me? Can I please just ignore it and tell my kids to never do that again, or do I seriously have to write a personal note and pay for the damage?



CHARLES THE BUTLER
askcharlethebutler@metronews.ca
For more, visit charlesmacpherson.com

Well I suspect you know my answer, especially since I just bought a brand new car two weeks ago.

Yes if your kids dent a door you should leave a little note, and do your best to teach your kids to be careful.

Now I know lots of you will write and say,

just don't worry about it; dents and scratches happen all the time and nobody leaves a note. But remember, your question was "what is the correct etiquette?" Now what do most people do?

They pretend they did not see what they did, close their own car door and walk away!

So my final word is just do your best to be careful, but remember little scratches and accidents do happen, and this is life.



Ask yourself: What is the right thing to do? ISTOCK IMAGES

Pulitzer-Prize-winning author Junot Diaz muses on modern love

As tales of relationship redemption go, each of the nine relatable short stories in Junot Diaz's consummate collection, *This Is How You Lose Her*, triumphs.

In nonlinear vignettes of brotherly, paternal and romantic love, his characters — who dig themselves into holes and then must grin through the grit and bear it — remind us of the power of self-preservation.

While not explicitly present in every story, Yuniór — aged five, 15, 20 and 30-something — is at the core of them. As "the most awesome ex-boyfriend in the world" but a "terrible boyfriend," he never comes out the victor in a traditional sense, but he proves to be a survivor, continuously learning from his mistakes.

What are the roots of his indiscretions and inadequacies? Diaz suggests that immigrating to the U.S. from the Dominican Republic and witnessing death at an impressionable age contribute to Yuniór's commitment-phobia.

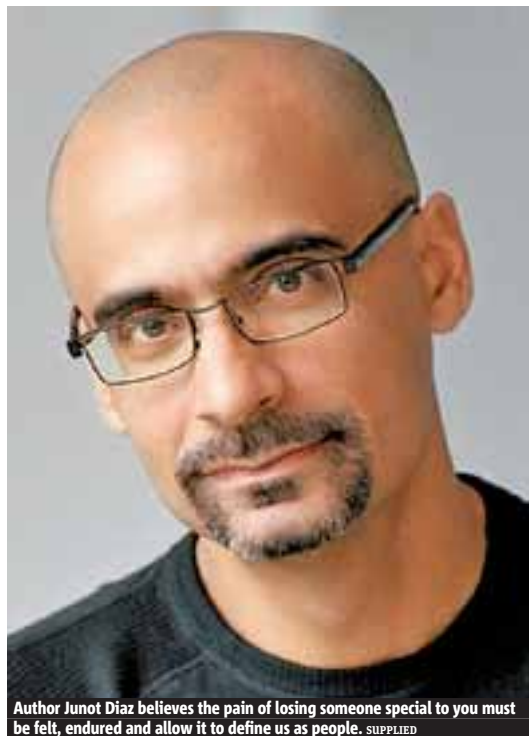
"Part of the art (of writing) is not to look at the most obvious answer," Diaz says. "When I think of what's wrong with Yuniór, I think: make a list of the things he's lost."

That laundry list — not limited to losing his brother to cancer, his own youth to the responsibilities that beckon afterward and his girlfriends to his vices — doesn't excuse Yuniór's flawed, sometimes chauvinistic behavior.

But Diaz doesn't judge or shame him for it either; rather he acknowledges that the person hurt most by a cheater is himself.

We sympathize with Yuniór, transgressions and all.

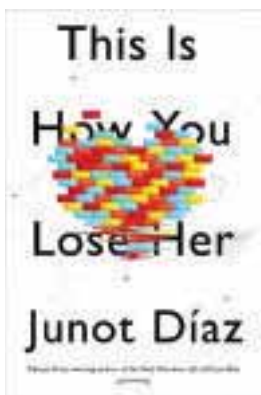
Through interrogative second-person narration and colloquial language peppered with Spanish, the Pulitzer Prize-winning author authentically captures Junot's cultural and emotional dual-



Author Junot Diaz believes the pain of losing someone special to you must be felt, endured and allow it to define us as people. SUPPLIED

ities.

We get real with Diaz about falling in love — and getting back up again.



How did you tap into Yuniór's various life stages, which feel raw and identifiable?

I wish that I could say that I had a secret or that it came easily, but what ends up happening is that I spend a lot of time steeping in my characters, steeping in their moments.

And in fact, I always think that I could do better.

Having written a character who repeatedly fails at monogamy, do you yourself believe in it?

I think it's difficult, but I think: God, what isn't difficult? Given how easy it is in our culture to jump out, it makes that struggle all the more difficult.

I think the debate is how honest we can be with our-

selves with other people. Most of the time we just hurt the other person rather than talk to them. Don't you think a lot of our views of the world are not very clear-minded, that we tend to be thinking from our place of hurt? We're hurt, so we tend to have a more shrunk-down, impoverished view.

In your final story, you poignantly say the half-life of love — the length of time it takes to let go when a relationship ends — is forever. Have you at least found an effective prescription for moving on?

Heartbreak is one of our great challenges, and enduring it really defines our

character. My feeling has always been, if you're in pain, the only thing that you can do is feel it.

If you're overwhelmed by loss, the only thing you can do is be overwhelmed.

It's sort of simplistic, but I've never found anything else that worked.

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NBA. Valanciunas' injury not serious, Raptors say

Toronto Raptors rookie centre Jonas Valanciunas sustained a left calf strain during a workout over the weekend.

The Raptors said in a release Monday the injury isn't considered serious, though there is not yet a timeline for his return.

The six-foot-11 Lithuanian was drafted fifth overall by the Raptors in the 2011 draft. He played with Lithuanian team Lietuvos Rytas last season, helping the club to a third-place finish in the second-tier Eurocup Basketball tournament.

THE CANADIAN PRESS



Raptors rookie Jonas Valanciunas
GETTY IMAGES FILE

NFL. Torn ACL puts Revis' season in doubt

The NFL's top shutdown cornerback likely will be shut down for the season.

Darrelle Revis has a torn anterior cruciate ligament in his left knee that will require surgery, a huge blow for the Jets that leaves coach Rex Ryan without his best defensive player.

A sombre Ryan stopped short of ruling Revis out for the season Monday, saying he just learned of the MRI results. But Revis will have to wait two or three weeks before surgery, Ryan said, and the recovery from an ACL tear is usually six to nine months. So the chan-

Quoted



"It's something we have to overcome as a football team ...

We're going to lose that presence."

Jets coach Rex Ryan on Darrelle Revis' injury

ces of Revis returning this season appear extremely slim.
THE ASSOCIATED PRESS

Jays' offence leaves Alvarez in the dark

MLB. 'We have to continue to battle,' Toronto skipper says after 7th-straight loss

The Toronto Blue Jays' final road trip of the season can't end soon enough.

Toronto's losing streak reached seven games Monday with a 4-1 defeat against the Baltimore Orioles in the opener of a doubleheader.

The Blue Jays are winless during a journey that began with three games in Yankee Stadium, continued in Tampa and will conclude at Camden Yards. They have been outscored 46-17 during their seven-game skid.

"We can't run from what's taking place, and yet we have to continue to battle," Blue Jays manager John Farrell said.

Henderson Alvarez (9-14) gave up four runs, eight hits and three walks in 5 2/3 innings. He's 2-7 in his last 10 starts.

Alvarez fell behind by giv-

Monday's game	
4	1
Orioles	Blue Jays

ing up a two-run homer to Adam Jones in the fourth inning and a solo shot to Ryan Flaherty in the fifth.

Speaking through an interpreter, Alvarez addressed the two drives saying, "Pitch to Jones was high changeup. He's a good hitter and he did what he was supposed to do with that pitch. The other kid, the second baseman, (I) felt like it was a good pitch and he did a good job with it."

Jones went 4-for-4 to help the Orioles move within a half-game of the AL East lead.

Baltimore (88-65) matched the division-leading New York Yankees in the win column. New York was scheduled to play at Minnesota on Monday night. THE ASSOCIATED PRESS



Adam Jones rounds the bases after hitting a two-run home run off of Toronto's Henderson Alvarez in Baltimore on Monday. PATRICK SEMANSKY/THE ASSOCIATED PRESS

NHL labour talks stuck in neutral

A face-to-face meeting between top officials from the NHL and NHL Players' Association wasn't enough to break their labour stalemate.

The sides spent almost five hours together Monday going over accounting for last season, but didn't emerge with any plan to resume collective bargaining talks. The topic wasn't even raised, according to representatives from each camp.

Nine days into the lockout, negotiations remain on hold with the owners and players

Quoted



Red Wings forward Danny Cleary, predicting a prolonged lockout to the Detroit Free Press after an informal skate on Monday

entrenched in their positions.

"Obviously, we've got to talk before you can get a deal, so I think it's important to get the talks going again," said

deputy commissioner Bill Daly. "But you also have to have something to say. I think it's fair to say we feel like we need to hear from the play-

ers' association in a meaningful way because I don't think that they've really moved off their initial proposal."

Steve Fehr, the NHLPA's special counsel, declined comment following the meeting.

Neither NHLPA executive director Donald Fehr or commissioner Gary Bettman attended the meeting. But the two men were expected to take in an NHL alumni dinner Monday night where Daly suggested they may discuss resuming talks. THE CANADIAN PRESS

Sports in pictures



1 Tennis. Wozniacki through to Round 2 in Japan

Caroline Wozniacki beat Bojana Jovanovski 6-0, 3-6, 6-4 to advance into the second round of the Pan Pacific Open in Tokyo on Monday.

THE ASSOCIATED PRESS

2 Soccer. Terry's racism hearing begins

John Terry's racism hearing started on Monday, a day after the Chelsea defender quit England duty in protest of the case being pursued by the Football Association.

Terry was charged by the FA despite being cleared in court of racially abusing Queens Park's Anton Ferdinand during a Premier League match in October.

THE ASSOCIATED PRESS

3 MLB. Nats tighten grip on NL East

The Washington Nationals crushed the Milwaukee Brewers 12-2 on Monday to cut their magic number for winning the NL East to just five games.

THE ASSOCIATED PRESS

Mobile sports



Qriket

The Ryder Cup is heading to Chicago for the first time and Luke Donald is the only player who can call the Windy City home. There's only one catch — Donald is English.

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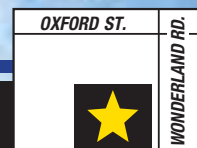
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Jackson hoping to give Bills boost against Patriots

NFL. Buffalo optimistic about ground game a day after losing Spiller to shoulder injury

Fred Jackson to the rescue?

The Buffalo Bills running back wasn't counting himself out on Monday, a day after C.J. Spiller went down with a left shoulder injury that's expected to keep him out for at least a week.

Calling himself ahead of schedule in returning from a sprained right knee, Jackson gave himself a "70 to 75 per cent chance" of playing on Sunday, when the Bills (2-1) host New England (1-2).

"My mindset is to go. I'm playing. That is how I'm approaching it," Jackson said. "I think I've got a really good shot. I like my chances."

Jackson was initially expected to miss about a month after he was hurt in a season-opening 48-28 loss at the Jets two weeks ago. After spending last week working out on his own along the sideline, Jackson will get his first test in a team setting Wednesday, when the Bills return to practice.

"My goal is to get out there and do as much as possible," Jackson said. "I want to go out there and go full-go and see how my knee holds up and what happens."

Jackson's return has the potential of providing a big boost to an offence that was suddenly facing the possibility of playing the Patriots



Bills running back C.J. Spiller is taken to the locker-room after injuring his shoulder in the first quarter in Cleveland on Sunday. DAVID RICHARD/THE ASSOCIATED PRESS FILE

without its two top rushers. Spiller was hurt after landing hard on his shoulder while being tackled in the first quarter of a 24-14 win at Cleveland on Sunday.

Coach Chan Gailey said tests taken on Monday showed the injury to Spiller wasn't as bad as initially feared. Gailey wasn't prepared to entirely rule out Spiller from playing against New England, but ac-

Quoted



"That would be a big boost for us to get him out here."

Bills quarterback Ryan Fitzpatrick on the possibility of Fred Jackson playing Sunday

knowledgeed he has a better shot at suiting up the following weekend at San Francisco.

As for Jackson, Gailey was impressed by the progress the

running back showed during an individual workout earlier in the day.

"I'm very optimistic," Gailey said of Jackson's chances to

play.

Jackson said he still feels some pain in his knee, but described it as being tolerable. He also added that he'll have to play with a custom-made brace.

Jackson's objective has always been to return to play against the Patriots, and the injury to Spiller has provided him with an added sense of urgency. **THE ASSOCIATED PRESS**

NFL

Belichick 'never meant any disrespect' when grabbing referee

All Bill Belichick wanted was an explanation. He'll probably end up with a fine.

Wrapped up in an intense game with fellow AFC power Baltimore, the coach of the New England Patriots grabbed the arm of an official after the Ravens won 31-30 on a last-play field goal Sunday night.

"When the game was over I went out and I was really looking for an explanation from the officials as to whether the play was under review," he said.

The incident occurred after Justin Tucker's field goal, which capped Baltimore's comeback in the fourth quarter and dropped the Pats (1-2) to their first sub-.500 record in nine years. The kick appeared to go just inside the top of the right upright or slightly above it.

"I have never meant any disrespect or in any way tried to abuse or be disrespectful to the officials and the job that they do. I was just trying to get an explanation for, obviously, an important call," Belichick said. **THE ASSOCIATED PRESS**



Patriots coach Bill Belichick
GETTY IMAGES FILE

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Mooning incident bites Calgary's Cornish on butt

Calgary Stampeders running back Jon Cornish was fined an undisclosed amount by the CFL on Monday for "inappropriate conduct towards CFL fans" during a 30-25 loss in Saskatchewan over the weekend.

Reports indicated the native of New Westminster, B.C., exposed part of his buttocks to the crowd at Mosaic Stadium. Stampeders coach and general manager John Hufnagel confirmed Monday that Cornish "pulled his pants down low" during the game.

"The incident was a mistake on my part," Cornish said. "I definitely took things too far and it reflects poorly on the organization. First

of all, I want to apologize to coach (Hufnagel), all the coaches, my teammates, all the Stampeders fans and Stampeders organization and to the Riders fans and organization.

"It was an extreme lack of judgment on my part and I apologize to everyone in the CFL and to the commissioner. Nobody deserves to deal with this and I apologize to everyone involved."

Cornish, who leads the league with 947 rushing yards this season, was held to just 67 yards Sunday as Saskatchewan beat Calgary 30-25 to end the Stamps' four-game winning streak.

THE CANADIAN PRESS



Roughriders cornerback Terrell Maze stops Stampeders running back Jon Cornish on Sunday in Regina. LIAM RICHARDS/THE CANADIAN PRESS FILE

Horoscopes

Aries

March 21 - April 20

Keep things in perspective and resist the urge to get emotional today. Partnership issues may be challenging but they are not half as bad as they seem. Everything will work out for the best in the end.

Taurus

April 21 - May 21

Put your affairs in order today. The more you do now, the less you will have to do towards the end of the week and that means you will have more time for what you really enjoy. Make the effort.

Gemini

May 22 - June 21

Saturn remains in the most dynamic area of your chart only until Oct. 5, so if there are things you still need to do, get on with them now. Don't look back one day and regret what might have been.

Cancer

June 22 - July 23

Times may be tough in more ways than one but the long-term prognosis is extremely good, so cheer up. Today you should patch up your differences with a relative or friend. You still have so much in common.

Leo

July 24 - Aug. 23

A brilliant idea will take hold in your mind today, the kind of idea that could transform your existence on every level. Don't let it get away from you. Find ways to act on it straight away.

Virgo

Aug. 24 - Sept. 23

You need to admit, if only to yourself, that the reason something has gone wrong is because your methods were impractical. You should have recognized that fact before but better late than never. Now, do it right.

Libra

Sept. 24 - Oct. 23

You must not let anyone or anything divert you from the important task you have set yourself. Some say Libra is the most indecisive of all the signs. Now is your chance to prove the critics and doubters wrong.

Scorpio

Oct. 24 - Nov. 22

It is a complete waste of time worrying about things over which you have no control. Focus your mind on good thoughts only today and you may be surprised just how many of your dreams start coming true.

Sagittarius

Nov. 23 - Dec. 21

You have been trying too hard to get along with someone at work. The more you try to impress them, the more they make life difficult for you. Give up on it. They are not worthy of your friendship.

Capricorn

Dec. 22 - Jan. 20

Over the past few months, you have put a lot of effort into your work and now the rewards are coming at you from all directions. Don't let anyone tell you that you do not deserve it. You do.

Aquarius

Jan. 21 - Feb. 19

Whatever life throws at you over the next few days, you will find ways to deal with it. In fact, by the time the moon is full on the Sept. 30, you will be operating on a higher level. Nothing can faze you.

Pisces

Feb. 20 - March 20

You need to make some kind of commitment, one that will tie you down to pursuing a specific aim for the next six months or so. Yes, it's good to be free but freedom needs to be earned like everything else.

SALLY BROMPTON

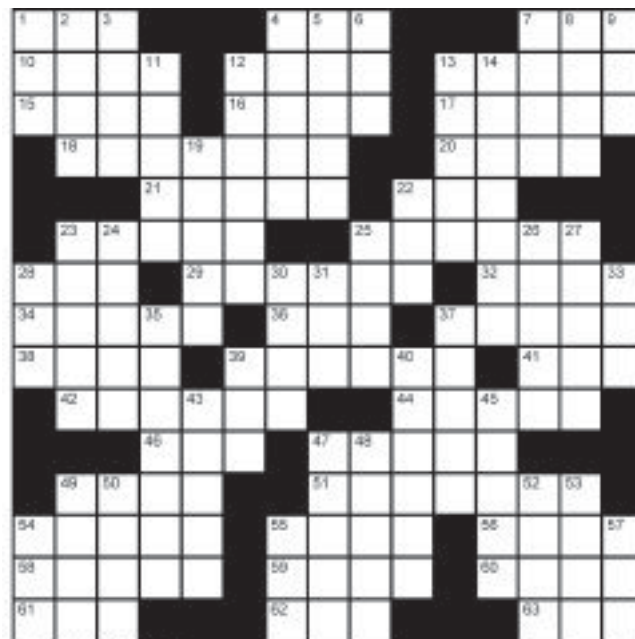
Solver's Delight

Across

1. Tampa's state: abbr.
4. *Dracula* creature
7. ___ constrictor: python relative
10. The Kinks' biggest hit
12. Melange
13. Dry heat bath
15. One with a computer
16. Curve
17. 43,560-square-foot units
18. Symbol of regal power
20. Ardent admirers
21. Egyptians and Iraqis
22. Bill's "excellent adventure" partner
23. Correct, as a stitch
25. Conservative Party
28. Nickname for someone from Houston or Dallas
29. Expensive dark-brown furs
32. Andy's 1950s radio partner
34. Not according to plan
36. Cherry tree chopper
37. Be affected at night by a blocked airway
38. Toronto-based "Tom Sawyer" group
39. Part of PEI
41. Golf stand
42. Calgary's NHL team, familiarly
44. Go into
46. "___ the season to be jolly"
47. ___ Carlo: Monaco's capital
49. Marching musicians
51. Where to find 12-Down
54. Sea squalls

Down

1. Agree cousin
2. Defeat
3. Sir ___ Guinness of film
4. Book jacket advertisement
5. Buenos ___, Argentina
6. 2,000 pounds
7. Combust
8. Singles
9. Small batteries
11. Geometric computations
12. Parliament's home
13. Toronto-born 60 Minutes regular Morley
14. Early French Canadian
19. Activate, as an elevator button
22. How-___: instruction manuals
23. Uncle ___: Joel Chandler Harris character who told stories about Brer Rabbit, Brer Fox, etc.
24. Have real being
25. MTV viewer
26. Overact
27. In more pain
28. Asphalt
30. Nanaimo ___: distinctive Canadian treats
31. 61 in Roman numerals



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33. Observe
35. Montreal-born *Star Trek* star William
37. I ___ *Letter to My Love*: Melissa Manchester's romantic musical (2 wds.)
39. Abbr. at the end of a letter signalling a second afterthought
40. Shopping ___: mall
43. In the ___ of: among
45. To the point
47. Roger ___: Bond player
48. Sign seen during broadcasting outside a broadcasting studio (2 wds.)
49. Christian of the *Dark Knight* series
50. Ontario-born *Jeopardy!* host Trebek
52. Simon and Garfunkel's "___ Rock" (3 wds.)
53. Bypass
54. Alberta export
55. End-of-summer mo.
57. Quebec summer

Yesterday's Crossword



What's online

See today's answers at metronews.ca/answers.



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

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6	8	3	1	2	4	9	7	5
5	9	4	7	3	8	1	2	6
9	5	8	2	4	1	3	6	7
4	6	2	5	7	3	8	1	9
3	7	1	6	8	9	5	4	2
2	3	6	4	1	9	7	5	8
8	4	9	3	6	7	2	5	1
7	1	5	8	9	2	6	3	4

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Wednesday

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